WE ARE

# FRESH SEED

PEOPLE AND CULTURE SPECIALISTS TO THE CREATIVE SECTOR

WE BELIEVE CULTURE IS THE KEY TO SUCCESS



## Rules for today

- Interact if you wish.
- If you do wish to interact, I'll invite everyone to join in on the chat by using the emojis or commenting.
- If you wish to ask a question and you don't want others to see who has asked the question please message one of the hosts directly.
- If you find this session overwhelming, then feel free to watch the recording later, and ask your questions directly to us after you've watched it - you'll see our details at the end of this slide deck.

# Why embrace neurodiversity in your business?



Credit @timmarshall

### Poll

Q: "How many of you understand how to support a neurodiverse colleague."

## Neurodiverse conditions explained...



#### Common myths

- Autism and ADHD only affects males.
- People with neurodiversity don't communicate at all.
- People with neurodiversity are a headache to manage.
- It's all about reading and words.
- All neurodiverse are quiet and anti-social.



#### **Facts**

- Individuals can have more than one neurodiverse condition.
- Neurodiversity doesn't automatically mean mental health illness too.
- Reasonable adjustments should be individual but where they don't know enable them to work with you to find ways to help.
- Neurodiverse people communicate best in a variety of ways, explore with them their best route and you'll help them thrive.
- A very small number of adults with autism are in employment.

#### What are the benefits of being inclusive?

- Helps with your recruitment & retention and those talent wars!
- Reaches audiences you may not be reaching.
- Creates a diverse organisation.
- Improves skills shortages.
- You'll improve your productivity & output.



#### Hidden in plain sight

- Have you seen?
  - Sickness absence rates increase after get togethers?
  - Emergency leave used when there's been a noisy/busy day
  - Poor communication from some team members
  - Reluctance to join face to face activities....
  - Complaints about the small stuff?

#### Common problems HR sees.

- Ignoring interteam issues and challenges.
- Not knowing your rules & how you can adapt them.
- Forgetting to communicate the non verbal things.
  - You may need to use multiple communication channels.
- Being afraid to ask questions & understand individual needs.
- Being prepared to challenge mindsets across the business.

What does inclusion look like for neurodiverse people?

- Communication is key!
- Be prepared to adapt.
- Understanding across the business the quiet doesn't equal rude.
- Be flexible about more than just your hours...
- A well explained recruitment process.



#### What strengths are there in ND?

- Detail
- Creativity
- Seeing things you don't
- Listening
- Compassion

"Some guy with high-functioning Asperger's developed the first stone spear; it wasn't developed by the social ones yakking around the campfire"

Temple Grandin - Author, scientist, autistic

#### Our top tips

- Make your recruitment accessible. From job ads to explaining what the process will involve.
- **Explain the non verbal.** From how long you talk about the weekend to expectations around work, don't leave the unspoken unsaid.
- Give your line/production managers the skills to have good conversations & the skills to understand inclusion. Line manager capability is the biggest barrier to successful inclusion.
- Analyse your policies and processes. Are there barriers to promotion for people with neurodiversity (and other protected characteristics?)

#### Our mission

- To help you create inclusive businesses.
- Understand all aspects of ED&I & how they apply to you.
- Provide you with the knowledge you need to thrive.
- Show you the multiple positives to having an inclusive place to work.
- To help the industry grow stronger, through learning and sector focused support in all things culture.

#### THANK YOU

**GET IN TOUCH WITH US** 

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# FIND YOUR LIGHTBULB MOMENT

